



# September 2021

## NEWSLETTER

### Themes

#### My Friends and Me

Children will learn about what it means to be a good friend, to share, to cooperate, and more. Activities will reinforce getting to know each other and teamwork.

#### Forest Adventure

Children will learn about forest life, including the plants that grow there and the animals that make it their home. This theme emphasizes forest appreciation and conservation.

### Alphabet Words

acrobat, alligator, ant, autumn, bananas, batteries, belt, bulldozer, cake, camel, cereal, cow

Color/  
Shape



Letters/  
Numbers

Aa, Bb, Cc  
1, 2, 3

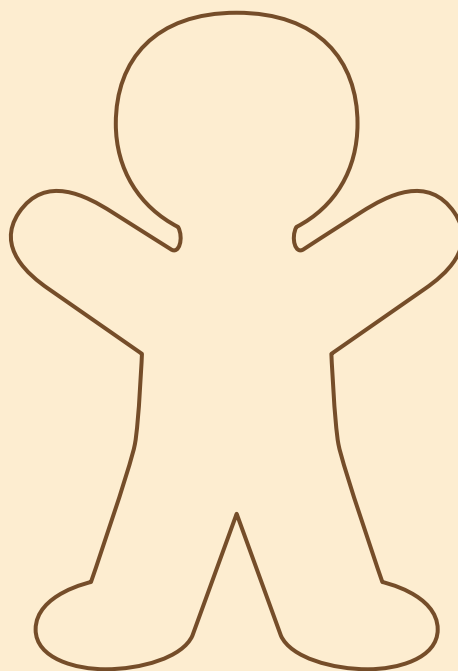
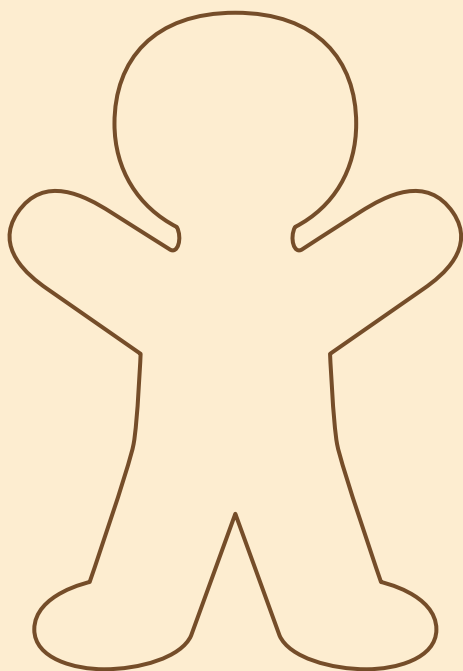
### Sign Language



### Watch Me Learn!

Work with your child to decorate the outlines. Have him/her decorate one to look like him/herself and the other one to look like a friend. This could be a real friend or an imaginary friend. Encourage your child's creativity! Return this sheet to your child care provider so that your child can share it with the group.

Return by \_\_\_\_\_.



# FAMILY CONNECTION

## Activities

### • Friends

Ask your child what activities he did this week that involved taking turns. (Built a tower? Assembled a puzzle? Made a class picture?) Ask him the names of some of his friends. Look at pictures of friends and family. Talk with your child about how family members can be good friends too. Encourage your child to help at home, care about family members' feelings, and remember to say "please" and "thank you."

### • Being Outdoors

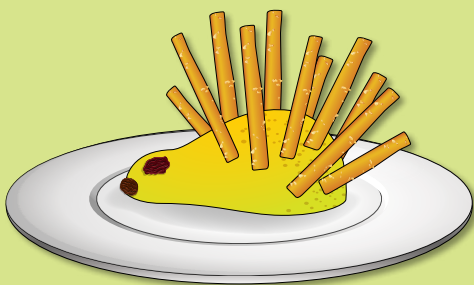
On a nice day, take a walk outside with your child, or simply go out into your yard. Occasionally ask her to "Stop...look...and listen." When you say "Stop," your child should freeze in place and be quiet. Encourage her to look and listen for something and share one thing she sees and hears. Does she see any animals that might live in a forest?

## Recipe

### Porcupine Pears

pears  
small pretzel sticks  
raisins  
peanut butter (optional)

Invite your child to create this fun snack! Cut a pear in half and place half on a plate. Give your child a handful of small pretzel sticks. Press them into the pear to represent porcupine quills. Offer raisins for your child to rest on the pointed end of the pear as eyes and a nose. A dab of peanut butter will help the raisins stick!



## Songs

### Friends, Friends

Sung to "Row, Row, Row Your Boat"

Friends, friends, let's be friends!  
We can laugh and play!  
So hold my hand and sit with me,  
And be my friend today.  
Friends, friends, let's be friends!  
We will have such fun!  
We can clap and sing and dance,  
And jump and throw and run.  
Friends, friends, let's be friends!  
There's so much to do!  
We can draw and paint and build,  
And we can dress up too.



### Forest Moves

Sung to "Do Your Ears Hang Low?"

Can you scamper like a squirrel?  
Can you give your tail a whirl?  
Can you sniff like a fox  
Who is hiding in the rocks?  
Can you freeze like a deer  
Who hears something coming near?  
We can do it too!

Can you swoop? Can you fly  
Like a bird up in the sky?  
Can you climb up in a tree  
Like a bear who found some bees?  
Can you lie still and stare  
Like a 'possum who is scared?  
We can do it too!



## Book List

### *Pearl Goes to Preschool*

by Julie Fortenberry

### *A Morning with Grandpa*

by Sylvia Liu

### *Can We Be Friends? Unexpected Animal Friendships from around the World*

by Erica Sirotich

### *Be a Friend*

by Salina Yoon

### *Chirri and Chirra*

by Kaya Doi

### *Little Acorn*

by Igloo Books

### *Mrs. Peanuckle's Hiking Alphabet*

by Mrs. Peanuckle

### *Full of Fall*

by April Pulley Sayre