



### Themes

- All About Me
- Fasten Up
- Dino Time
- Let's Pretend

### Shapes and Colors



**Opposites**  
on/off

### Vocabulary

friends, washing hands, shoes, jacket, dinosaurs, fire truck, pretending, mask

### Sign Language

red, wash, clothes, orange, all done



### Together Time Activities

Here are some fun activities you and your child can enjoy together!

- Picking Up Toys**  
 Picking up toys is not only helpful, it can be a learning experience. For example, when children put toys into containers by type, they are practicing sorting in a meaningful way. It's easier for children to learn to pick up when you work alongside them and make specific suggestions for what to do.
- Getting Dressed**  
 When your child begins to show interest in dressing skills, try letting her do the last step. For example, start pulling off her sock, and then let her finish. That way, she feels successful. Next time, she can do a bit more.
- Big and Little Steps**  
 Take great big dinosaur steps and then little baby dinosaur steps together.
- A Box Can Be...**  
 Offer a box for play. Your child will find many fun ways to play with it.

### Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.



#### One, Two, Buckle My Shoe

One, two, buckle my shoe;  
 Three, four, shut the door;  
 Five, six, pick up sticks;  
 Seven, eight, lay them straight;  
 Nine, ten, a big fat hen!

#### Bat, Bat, Come Under My Hat

Bat, bat,  
 Come under my hat,  
 And I'll give you a slice of bacon;  
 And when I bake,  
 I'll give you a cake,  
 If I am not mistaken.





## Look for Books

### *I Can Do It Too!*

by Karen Baicker

### *Say Hello!*

by Rachel Isadora

### *Today I'm Going To Wear*

by Dan Stiles

### *The Pop-Up Dinosaurs Galore!*

by Giles Andreae

### *Firefighter Frank*

by Monica Wellington

### *I Spy with My Little Eye*

by Paula Vásquez



## Cooking Together

*When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.*

### Pumpkin Slow Cooker Oatmeal

- 2 cups water
- 2½ cups milk (can use almond milk)
- 1 cup steel cut oats
- 1 cup pumpkin puree
- 1 tsp. pumpkin pie spice

Breakfast is important, but it can be hard to manage in the morning! With this recipe, you can wake up to a warm, healthy breakfast. The night before serving, place all of the ingredients in a slow cooker and set on low. Cook 5 to 9 hours. (The time will vary some according to your slow cooker.) Serve warm as is or top with butter and maple syrup or molasses.



## Sing Along with Me

Find these songs at [www.funshineexpress.com](http://www.funshineexpress.com)

### Welcome Friends

Sung to "Pawpaw Patch"

Welcome, welcome, welcome friends!  
Welcome, welcome, welcome friends!  
Welcome, welcome, welcome friends!  
Glad you are here today!



Say hello to my friends now,  
Say hello to my friends now,  
Say hello to my friends now,  
Glad you are here today!



### T. Rex Romp

Sung to "This Old Man"

This T. Rex, this T. Rex, he goes tromping all around,  
With a stomp and a tromp and a (clap, clap, clap),  
This T. Rex is tromping on!

This T. Rex, this T. Rex, he goes roaring all around,  
With a snarl and a growl and a great big (ROAR),  
This T. Rex is roaring now!

*Perform the actions in parenthesis.*



## Reminders...

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## Connect with Us!

