



October 2021

NEWSLETTER

Themes

Community Helpers


Children will learn about various helper roles—from construction workers to emergency responders—and how they, too, can be helpers in their communities.

Night Creatures

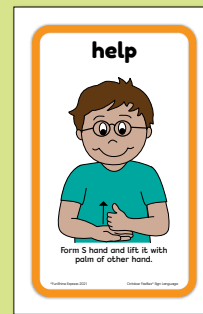
Children may be surprised to learn that there's a night world, a group of animals that are busy while the rest of us sleep. Bats, owls, raccoons, and cats are just a few of the nocturnal creatures featured in this fun fall theme.

Alphabet Words

dollar, dots, drum, duck,
eight, elbow, emu, envelope,
farm, fence, flag, fox

Color/ Shape	Letters/ Numbers
	Dd, Ee, Ff 4, 5, 6

Sign Language



Watch Me Learn!

Visit with your child about community helpers. Is a family member or familiar adult a community helper? Talk briefly about that adult's role and tasks. Finish the sentence below with the adult's name. Use the blank space to draw this community helper, his/her helper vehicle, or a helper tool. Return this sheet to your child care provider so that your child can share it with the group.

Return by _____.

A community helper I know is _____.

FAMILY CONNECTION

Activities

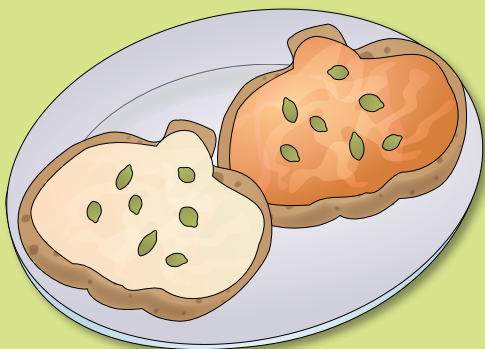
- **Escape Route**
Prepare an emergency escape route for your family. Plan to meet in a designated area outside. Make sure that it is a safe distance away from your home. Practice fire drills occasionally throughout the year.
- **Being Helpful**
Designate reasonable jobs for your child to do at home, such as sweeping the floor, setting the table, or putting toys away. Your child will learn that it feels good to be helpful.
- **Nocturnal Animals**
Name animals living in your area and discuss if they are nocturnal. What animal sounds do you hear at night? Imitate those sounds.
- **Pretend Play**
The next time your child is engaged in pretend play, appreciate the moment! Valuable learning is taking place when a child is rocking her doll to sleep or pretending to be a space alien. Imaginary play helps sharpen social skills, builds memory, develops creativity, and provides an outlet for stress.

Recipe

Pumpkin Sandwiches

whole wheat bread
peach or apricot fruit preserves
cream cheese
shelled, roasted pumpkin seeds

Provide a pumpkin-shaped cookie cutter and invite your child to cut pumpkin shapes from two slices of bread. Toast the bread shapes. Invite your child to spread cream cheese on one shape and fruit preserves on the other. Sprinkle both shapes with pumpkin seeds. The result is a yummy pumpkin sandwich!



Songs

People Who Help

Sung to "Did You Ever See a Lassie?"

Did you ever meet a doctor, a doctor, a doctor?
Did you ever meet a doctor? Oh, how does she help?
When you're feeling sickly, she helps you heal quickly.
Did you ever meet a doctor who helps you get well?

Did you ever meet a firefighter, a firefighter, a firefighter?
Did you ever meet a firefighter? Oh, how does he help?
When fires get hotter, he sprays lots of water.
Did you ever meet a firefighter who puts out a fire?

Did you ever meet a builder, a builder, a builder?
Did you ever meet a builder? Oh, how does she help?
She hammers and saws wood; her buildings look so good!
Did you ever meet a builder who builds with her tools?

At Night

Sung to "Twinkle, Twinkle, Little Star"

At night when we are fast asleep, (*Lay head on hands.*)
Wiggly spiders crawl and creep. (*Hold out hands, palms down; wiggle fingers.*)

Weaving webs to catch a treat, (*Move hands, palms out, in a circle.*)

Like juicy flies they like to eat. (*Rub tummy.*)

At night when we are fast asleep, (*Lay head on hands.*)
Wiggly spiders crawl and creep. (*Hold out hands, palms down; wiggle fingers.*)

At night when we are fast asleep, (*Lay head on hands.*)

Cats prowl round on quiet feet. (*Move hands as if prowling.*)

Their glowing eyes reflect the light, (*Point to eyes.*)

And help them see quite well at night. (*Continue to point to eyes.*)

At night when we are fast asleep, (*Lay head on hands.*)

Cats prowl round on quiet feet. (*Move hands as if prowling.*)

Book List

Construction People

by Lee Bennett Hopkins

The Berenstain Bears:

Hospital Friends

by Mike Berenstain

Jabari Tries

by Gaia Cornwall

Trashy Town

by Andrea Zimmerman

and David Clemesha

Little Owl Lost

by Chris Haughton

If You Were the Moon

by Laura Purdie Salas

What Color Is Night?

by Grant Snider

Only the Cat Saw

by Ashley Wolff