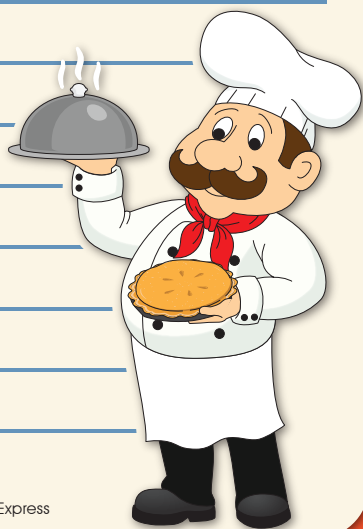


Grocery List

- deli meats
- variety of cheeses
- crackers
- cucumber
- apples
- spread of choice
- animal crackers
- strawberries
- bananas
- marshmallows
- chocolate syrup
- _____
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Meat 'n Cheese Houses

Ingredients:

- deli meats
- variety of cheeses (sliced)
- crackers
- cucumber

Wash and slice cucumbers to create circles. Give each child a plate. Provide child-safe knives or shape cookie cutters and have children help you cut the meats and cheeses into squares, rectangles, and triangles.

Offer all of the food items on a platter. Invite children to use the food shapes to design a house on their plates. As the children work, talk about elements to include, such as a roof, chimney, garage, door, and windows. Discuss the food items that might represent those parts. The children may choose to cut the foods into smaller pieces if necessary. Once the children are done constructing their houses, they can eat their work!

Carousel Snacks

Ingredients:

- apples (sliced)
- spread (nut butter, yogurt, cream cheese, etc.)
- animal crackers

Wash and cut apples into slices, and give each child two slices on a plate. Show children how to lay the slices facing each other so they create somewhat of a circle shape. Offer child-safe knives and a spread such as nut butter, yogurt, or cream cheese. Have children use the knife to add the spread on top of the apple slices.

Provide unbroken animal crackers in a bowl, and have each child choose three or four to stand up in the spread. Give each child an umbrella toothpick to stick near the center of one of the slices to represent the carousel top. Serve with a glass of milk and enjoy!

Dessert on a Stick

Ingredients:

- strawberries
- bananas
- marshmallows
- chocolate syrup

Offer child-safe knives and ask them to help you slice bananas and washed strawberries. Place the pieces in two separate bowls.

Set the bowls of fruit within the children's reach, along with a bowl of marshmallows. Give each child one short wooden skewer. (Remind children that skewers are sharp!) Show children how to slide a piece of fruit onto the skewer, and invite them to fill it with three or four pieces.

Have each child place her skewer on a plate. Assist her with drizzling a bit of chocolate syrup over the filled skewer. Demonstrate how to eat the dessert right off the stick, just like you would at the fair.