



July/Aug 2021

NEWSLETTER

Themes

America the Beautiful
Fishing Fun
Summer Discoveries
1, 2, 3, Review with Me

Shapes and Colors
review

Opposites
day/night

Vocabulary

mountains, waterfall,
fishing, fishing
equipment, dirt, grass,
friendship, body parts

Sign Language
hot, help



Together Time Activities

Here are some fun activities you and your child can enjoy together!

- **Discover Pretty Places**

If possible, take your child to visit a nearby scenic area. You could also plan an imaginary trip to a national park! Visit [nps.gov](https://www.nps.gov) and explore things to see and do. Which ones look best to you?

- **Watch Fish**

Visit a pet store and watch the fish. Help your child notice the colors and ways the fish move.

- **Barefoot in the Grass**

Let your child walk barefoot in the grass! Find a grassy area without sticks, stones, or other obstacles. As your child explores, talk about how the grass looks, smells, and feels.

- **Make Bubbles**

Make your own bubble solution! Gently mix $\frac{3}{4}$ cup water, $\frac{1}{4}$ cup dish soap and 1 tablespoon light corn syrup. Use anything with holes as bubble wands.

Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.



The Pelican

What a wonderful bird
Is the pelican!
His bill can hold more
Than his belly can!

A B C, Tumble Down D

A B C, tumble down D.
The cat's in the cupboard
And can't see me!



Look for Books

A Is for America

by Greg Paprocki

Plip-Plop Pond!

by Kaaren Pixton

Mud Book: How to Make Pies and Cakes

by John Cage

Dirty Birdies

by Jennifer Sattler

Hooray for Little Fingers!

by Tristan Mory

I Spy with My Little Eye

by Paula Vásquez



Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Trail Mix

- 1 cup oat ring cereal
- 1 cup small fish-shaped crackers
- 1 cup cinnamon toast flavored cereal
- 1 cup bite-size shredded wheat
- ½ cup butterscotch chips
- ½ cup raisins

Mix all of the ingredients in a bowl. Add more nibbles or make substitutions if you'd like! Divide into individual portions to carry on a hike or when riding in the car.



Sing Along with Me

Find these songs at www.funshineexpress.com

Fireworks

Sung to "Mary Had a Little Lamb"

Fireworks light up the sky,
Sparkling bright, sparkling high!
Shimmering with blue, red, white,
Lighting up the night!

Repeat



In the Cool, Green Grass

Sung to "Ring Around the Rosie"

Snakes live in the grass,
They wiggle and they squiggle.
Slithering, sliding through
The cool, green grass.

Crickets live in the grass,
They cheep and they chirp.
Hopping, crawling through
The cool, green grass.

Ants live under the grass,
They hurry and they scurry.
Crawling, creeping through
The cool, green grass.



Reminders . . .

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