



# July 2023

## NEWSLETTER

### Themes

#### BBQ Eats & Icy Treats




Summer is in full swing by July! Take advantage of warm summer days with barbecues and picnics. Children will make dramatic play props and learn outdoor safety. Don't be discouraged by a few ants—we'll learn about them too!

#### Super Sports

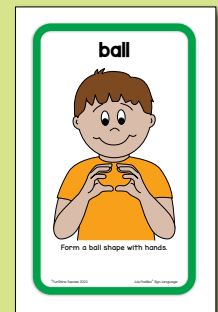
Introduce your little athletes to this all-star sports theme! They'll learn about many different types of sports and their equipment, game rules, different types of athletes, and sportsmanship.

#### Alphabet Words

instruments, juice, ketchup, log, mop, nail, octagon, paintbrush, quartz

Color/Shape	Letters/ Numbers
  	li–Qq 9–14

### Sign Language



### Learn with Me!

#### • Ice Cream Day

July 16 is National Ice Cream Day. Celebrate by making some icy treats together! Offer your child's favorite ice cream flavors and a variety of toppings to create your own sundaes. You can also refer to the Watermelon Lime Granita recipe included in the newsletter to make a fruity and refreshing frozen treat. Encourage your child to help as much as possible. Their treats will be even more special when they are invited to be proud helpers!

#### • Active Outside

On a pleasant, summer day, go outside with your child to play and be active together! Go to a nearby park or playground, or enjoy time together in your own backyard. Kick a ball back and forth, practice throwing and catching, or play a game of tag. These activities offer valuable opportunities to develop motor skills. Practice good sportsmanship and teamwork while enjoying time together.

#### My Project: Juice Pops

When I bring this project home, we can:

- Talk about the colors of my juice pops.
- Imagine what flavors the juice pops might be.



#### My Project: Pom Paddle

When I bring this project home, we can:

- Practice bouncing the pom up and down on the paddle.
- Talk about the colors I chose to decorate the paddle and the designs I made.



*Graphics are intended to show samples of projects.  
Materials may be substituted or used differently.*

# FAMILY CONNECTION

## Book List

***We're Going on a Picnic***  
by Pat Hutchins

***Tangled: A Story About Shapes***  
by Anne Miranda

***The Watermelon Seed***  
by Greg Pizzoli

***Mouse's First Summer***  
by Lauren Thompson

***Maisy Plays Soccer***  
by Lucy Cousins

***Pete the Cat: Play Ball***  
by James Dean

***Giraffes Can't Dance***  
by Giles Andreae

***Froggy Learns to Swim***  
by Jonathan London

## Songs

### Summer Sun

Sung to "Twinkle, Twinkle, Little Star"

Summer sun up in the sky,  
Shining, shining up so high.  
Makes it warm for outdoor fun,  
To play and dance and sing and run.  
Grill and swim and picnic too,  
Summer sun, we sure love you.



### Summertime

Sung to "London Bridge"

Riding my bike all through the town,  
To the park, all around.  
Riding my bike all through the town,  
I can pedal.

Riding fast or riding slow,  
Turning now, go, go, go!  
Riding fast or riding slow,  
I can pedal.

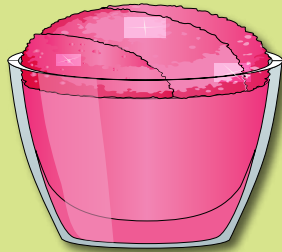


## Recipe

### Watermelon Lime Granita

**1 Sugar Baby watermelon OR half of a large watermelon (seedless)  
juice from half a lime**

Cut the watermelon into chunks. Add to a blender along with the juice of the lime half, and blend well. Invite your child to taste it with you. (You can add the juice from the other half of the lime if you want it more tart.) Pour into a shallow baking dish and freeze for 2 hours. Invite your child to use a fork to scrape and gently stir the mixture. Repeat each hour until it is icy and no liquid remains. Scoop into a bowl and enjoy! (Keep leftovers in the freezer.)



## Reminders

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