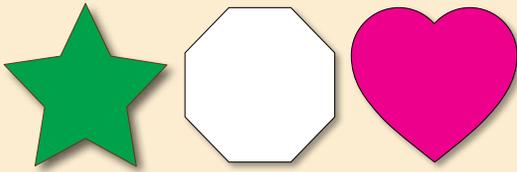


### Themes

Fun in the Sun  
Frogs and Friends

### Shapes and Colors



### Numbers

9-14

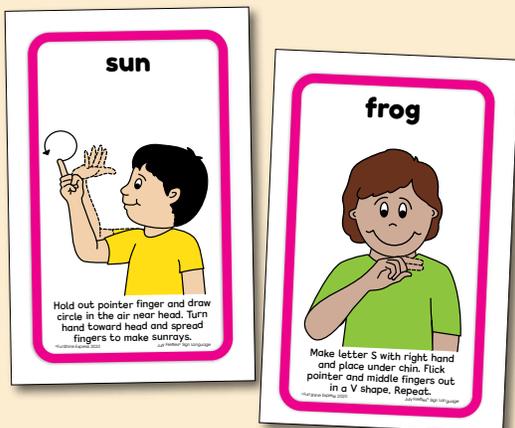
### Letters

I-Q

### Alphabet Words

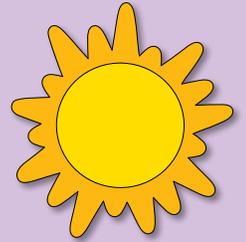
insects, jaguar,  
keys, leaf, monkey,  
net, octopus,  
peach, quartz

### Sign Language



### Theme Descriptions

**Fun in the Sun:** Swimming, fishing, and other summer activities provide tons of fun throughout this theme. Outdoor and water table opportunities will keep children involved in hands-on learning. Our great country will also be celebrated with Fourth of July activities.



**Frogs and Friends:** The children will be leaping over lily pads, talking about frogs and other pond friends, and playing in a pond-like dramatic play center during this theme. Croak, croak!

### Activities for Home

- Take a nature hike with your child. This can be as simple as going for a walk around your neighborhood or searching for items in your own backyard. Bring your findings back home and make a nature collage by gluing the items to paper or arranging them in a special nature box. End your hike with a family picnic. Invite your child to help plan the menu and decide what items you will need to bring along.
- July is National Blueberry Month. Purchase some blueberries from your local grocery store. Find a blueberry recipe and prepare it with your child (see "Fresh Blueberry Sauce" on the back of this newsletter). Cooking is a great way to learn by experience because it involves the whole child—physically, emotionally, socially, and intellectually. Cooking activities can also increase a child's vocabulary and mathematical skills.
- Invite your child to help wash the family car. This experience will give your child a sense of responsibility and promote his or her self-esteem.

## Look for Books

The best way to learn which books your child enjoys is to read children's books—lots of them! Check out **funshineextras.com** for Book Lists corresponding to each month's themes. Get to know your local librarians and ask for their recommendations as well.

### **The Little Ice Cream Truck**

by Margery Cuyler

### **Roller Coaster**

by Marla Frazee

### **It's a Firefly Night**

by Dianne Ochiltree

### **Red, White, and Boom!**

by Lee Wardlaw

### **Jump, Frog, Jump!**

by Roger Kalan

### **Over and Under the Pond**

by Kate Messner

### **The Frog Alphabet Book**

by Jerry Pallotta

### **One Duck Stuck**

by Phyllis Root

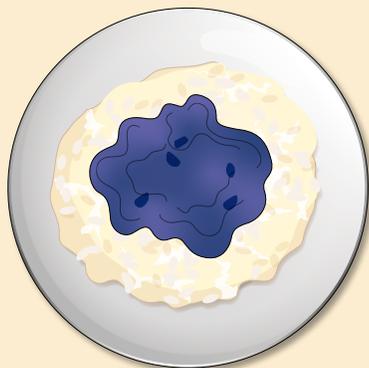
## Cooking Together

*When cooking with young children, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.*

### Fresh Blueberry Sauce

- 2 cups fresh blueberries
- 1/3 cup sugar
- 1 T. fresh lemon juice
- 1/4 tsp. salt
- 1/2 tsp. vanilla extract

Wash and crush the blueberries. Add sugar, lemon juice, and salt. Mix well. In a small saucepan, bring the blueberry mixture to a boil for one minute. Add the vanilla extract. Chill. Serve over fruit, cottage cheese, or plain or frozen yogurt.



## Sing Along with Me

Find these songs at [www.funshineexpress.com](http://www.funshineexpress.com)

### Moving Through Summer

Sung to "Ring Around the Rosie"

Skipping, skipping, skipping  
In the summer sunshine,  
Skipping, skipping,  
We all fall down!

Repeat with: hopping, marching, running



### Little Polliwog

Sung to "Itsy Bitsy Spider"

The little polliwog wiggled from its egg,  
Dreaming of the day when it would  
Grow some legs!  
Swimming in the pond and hiding near the mud,  
Oh, the little polliwog loves to  
Munch on tasty bugs!

Now that little polliwog has grown into a frog,  
Spends all the lazy day sunning in the bog,  
Hopping to and fro, still hiding near the mud,  
Still swimming in the pond and  
Munching tasty bugs!



## Reminders...

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## Connect with Us!

