



Themes

Mitten Magic
 Rockin' Rhymes
 Feeling Fantastic
 Tropics in Winter

Shapes and Colors



Opposites
 hard, soft

Vocabulary

mittens, snow,
 bedtime, library, nurse,
 dentist, monkeys,
 rainforest

Sign Language

white, cold, book, pink,
 play



Together Time Activities

Here are some fun activities you and your child can enjoy together!

- **Stuffed Mittens**
 Invite your children to try stuffing various toys into mittens. Which ones fit? Which ones are too big?
- **Library Visit**
 Plan a time to visit the library with your child. You'll find wonderful resources! Choose a few books or other materials to check out.
- **Terrific Teeth**
 February is National Children's Dental Health Month. Visit mouthhealthy.org for up-to-date information about helping your child have strong, healthy teeth.
- **Monkey Fun**
 Imitate monkey sounds or movements and see if your child will join the fun!

Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.



Three Little Kittens

The three little kittens, they lost their mittens,
 And they began to cry,
 "Oh, mother dear, we sadly fear,
 That we have lost our mittens."

"What! Lost your mittens, you naughty kittens!
 Then you shall have no pie."
 "Meow, meow, meow."
 "Then you shall have no pie."

The Queen of Hearts

The Queen of Hearts,
 She made some tarts,
 All on a summer's day;

The Knave of Hearts,
 He stole the tarts,
 And took them clean away.



Look for Books

The Little Red Hen
by Byron Barton

The Mitten
by Jan Brett

The Three Little Pigs
by Parragon Books

Brush Your Teeth Please: A Pop-up Book
by Leslie McGuire

Happy Hippo, Angry Duck: A Book of Moods
by Sandra Boynton

Rumble in the Jungle
by Giles Andreae



Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Strawberry Hearts and Dip

fresh strawberries
¾ cup plain yogurt
1 tablespoon fresh lemon juice
1 tablespoon powdered sugar

Slice the strawberries and cut a small notch in the large end of each slice so they resemble hearts. Mix yogurt, lemon juice, and powdered sugar in a bowl. Chill.

Offer a few strawberry slices and a dollop of the yogurt mixture for dipping.



Sing Along with Me

Find these songs at www.funshineexpress.com

My Mittens

Sung to "The Itsy Bitsy Spider"

I push my fingers in,
And poke my thumb right through!
Then I do the same
With mitten number two.
My warm winter mittens
Go on just like so.
Now I am ready to play in fluffy snow!



Hello Tooth

Sung to "Are You Sleeping?"

Hello tooth! Hello tooth!
How are you? How are you?
Busy chomping food!
Helping me grow strong!
How are you? How are you?

Hello tooth! Hello tooth!
How are you? How are you?
Lighting up my smile!
Won't you stay awhile?
How are you? How are you?

Repeat the previous three lines.

Hello tooth! Hello tooth!
How are you? How are you?
Busy chomping food!
Helping me grow strong!
How are you? How are you?

Repeat the previous three lines.



Reminders . . .

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