



August 2023

NEWSLETTER

Themes

Saddle Up



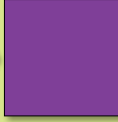
Yee-haw, cowpokes! It's time for some rip-roarin' fun! The children will "go west" to learn about ranch life, horses, and everything western.

Playground Palooza

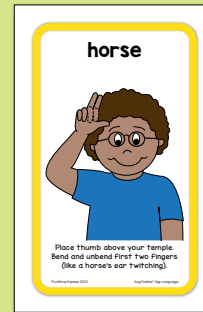
Summer may be winding down, but the fun's not! Enjoy these sizzling days by visiting playgrounds and local parks and simply enjoying the outdoors. Children will play games, get crafty, and review concepts they've learned from this year.

Alphabet Words

robot, swan, toast, umpire, vacuum, wave, X-ray, yarn, zucchini

Color/Shape	Letters/ Numbers
  	Rr-Zz 15-20

Sign Language



Learn with Me!

• Under the Night Sky

Sit outside together under the night sky. Can you see many stars where you are? Ask your child to help you find constellations if stars are visible. Orion is typically easy to spot in North America! Is the moon out? Can your child tell you what phase the moon is in? Sing fun songs and roast marshmallows on a grill or outdoor controlled "campfire."

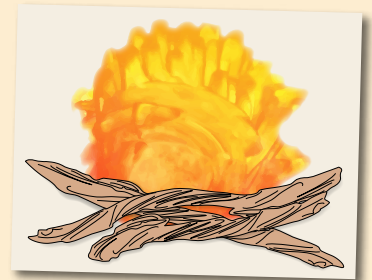
• Playground "I Spy"

Make a trip to the playground for a game of "I Spy." Take turns with your child making riddles of the things you see there. For example, you might start by saying, "I spy something yellow, twisty, and tall" to describe a yellow spiral slide. Once your child has guessed the answer, invite them to try making their own "I Spy" riddle for you to solve.

My Project: Campfire

When I bring this project home, we can:

- Talk about how I made the logs and fire.
- Make a pretend campfire in the house with cushions and blankets!



My Project: Sun Catcher

When I bring this project home, we can:

- Display it in or near a window.
- Talk about the colors I used and how they changed when they mixed together in the glue.



*Graphics are intended to show samples of projects.
Materials may be substituted or used differently.*

FAMILY CONNECTION

Book List

Armadillo Rodeo

by Jan Brett

Lasso the Moon

by Trish Holland

The Smallest Horse

by Lorie List

**National Geographic
Readers: Ponies**

by Laura Marsh

**Manners on the
Playground**

by Carrie Finn

**Pete the Cat and His
Magic Sunglasses**

*by Kimberly &
James Dean*

**My Awesome Summer by
P. Mantis**

by Paul Meisel

Rulers of the Playground

*by Joseph Kuefler
Zachariah*

Songs

Pokey Little Cactus

Sung to "Did You Ever See a Lassie?"

Have you ever seen a cactus,
A cactus, a cactus?

Have you ever seen a cactus,
So pokey and sharp?

There are big ones and small ones.
Some even have flowers!
Have you ever seen a cactus,
So pokey and sharp? Ouch!



The Playground

Sung to "I've Been Working on the Railroad"

I've been playing at the playground,
Every summer day.

I've been playing at the playground,
Just to pass the days away.

I love to ride the teeter-totter,
And climb the ladders high.

I love to slide down all the big slides,
And swing high in the sky!



Recipe

Rainbow Yogurt Bark

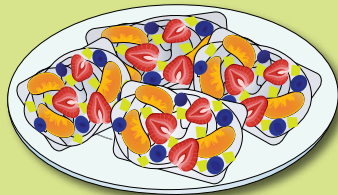
2 cups plain full-fat yogurt OR Greek yogurt

2-4 T. honey

2 cups chopped fruit (fresh or frozen)

Line a baking sheet with parchment paper. Invite your child to help stir the yogurt and honey together in a medium bowl. Pour the yogurt onto the baking sheet and spread with a spatula until it is an even layer. Invite your child to sprinkle the fruit on top. Freeze for at least 5 hours. Once the yogurt bark is frozen solid, break it into chunks with your hands.

Your child may enjoy this frozen treat as a snack or as a fun addition to breakfast! Store leftovers in an airtight container in the freezer.



Reminders
